

ॐ
om

सोऽहं
so'ham
“I am That.”

ॐ मणि पद्मे हूं
om maṇi padme hūm
“Om the Jewel is in the Lotus.”

तद्यथा: ॐ भैष्ज्ये भैष्ज्ये महा भैष्ज्ये राज समुङ् गते स्वाहा
tadyathāḥ om bekandze bekandze mahā bekandze rāndza samuṅgate sohā
“By example, om may I be a healer for myself, you and all beings like the Buddha!”

गते गते पारगते पारसंगते बोधिस्वाहा
gate gate pāragate pārasaṁgate bodhisvāhā
“Gone, gone, beyond gone, beyond perfectly gone to the far shore of awakening.”

शंकर करुणाकर परमेश्वर जगदेश्वर
शंकरी करुणाकरी परमेश्वरी जगदेश्वरी
śaṅkara karuṇākara parameśvara jagadeśvara
śaṅkarī karuṇākārī parameśvarī jagadeśvarī
“Benevolent, compassionate, highest Self, Universal Self.”

ॐ तरे तुत्तरे तुरे सोहा
om tare tuttare ture sohā
“Om, there is nothing that is not the Buddha of Compassion.”

ॐ ऐ सरस्वतये नमः मा सरस्वती नमो नमः
om aiṁ saraswataye namaḥ
“Om, Mother of wisdom, music and learning, salutations!”

ॐ
भूभुवः स्वः ।
तत्सवितुर्वरेण्ये ।
भगोर् देवस्य धीमहि ।
धीयो यो नः प्रचोदयात् ॥
om
bhūr bhuvaḥ svaḥ
tāt savitūr vāreṇyam
bhārgo devāsya dhīmahi
dhiyo yo naḥ prachodāyāt
“Om
To the divine Light
Which pervades the three worlds
The Light which is Love
On that divine radiance we meditate
May It enlighten our intellect and awaken our spiritual wisdom.”

ॐ
असतोमा सद्गमय ।
तमसोमा ज्योतिर् गमय ।
मृत्योर्मा मृतं गमय ॥
ॐ शान्ति शान्ति शान्तिः ॥
om
asatomā sadgamaya
tamasomā jyotirgamaya
mṛtyormāmṛtamgamaya
om śāntiḥ śāntiḥ śāntiḥ
“Om
from delusion toward truth
From darkness toward light
From death toward life
Om, peace, peace, peace.”

ॐ
सर्वे भवन्तु सुखिनः ।
सर्वे सन्तु नरामयाः ।
सर्वे भद्राणि पश्यन्तु ।
मा कश्चित् दुःख भाग्भवेत् ॥
ॐ शान्तिः शान्तिः शान्तिः ॥
om
sarve bhavantu sukhinaḥ
sarve santu nirāmayāḥ
sarve bhadrāṇi paśyantu
mā kaścit duḥkha bhāgbhavet
om śāntiḥ śāntiḥ śāntiḥ
“Om
May all be happy
May all be peaceful
May all be surrounded by kindness
May no one suffer from sorrow
Om, peace, peace, peace”

ॐ
सह नाववतु ।
सह नौ भुनक्तु ।
सह वीयर्ं करवावहै ।
तेजसि व नावधीतमस्तु मा वदिवषावहै ।
ॐ शान्तिः शान्तिः शान्तिः ॥
om
saha nāvavatu
saha nau bhunaktu
saha vīryam karavāvahai
tejasvi nāvadhītamastu
mā vidviṣāvahai
om śāntiḥ, śāntiḥ, śāntiḥ
“Om
May we protect each other
May we nourish each other
May we work together with great energy
May we not resent each other
Om, peace, peace, peace”